



Travis St Lawrence Physical Education Learning Journey

Each child, at Travis St Lawrence, will follow a specifically agreed PE learning journey. This will begin in EYFS and continue through Key Stage 1 & 2. All children will be taught a minimum of two hours of physical education per week. We strive to hit the daily recommendation of 60 active minutes each day.

EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1	Intro to PE Unit One	Fundamentals Unit One	Dance Unit One	Ball Skills Unit One	Games Unit One	Gymnastics Unit One
FS2	Intro to PE Unit Two	Fundamentals Unit Two	Dance Unit Two	Gymnastics Unit	Two Ball Skills Unit Two	Games Unit Two

Key Stage One

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Fundamentals	Fitness	Net & Wall Games	Dance	Athletics	Ball Skills
	Team Building	Gymnastics	Sending & Receiving	Target Games	Invasion Games	Striking & Fielding
Y2	Fundamentals	Dance	Fitness	Net & Wall Games	Ball Skills	Athletics
	Team Building	Target Games	Gymnastics	Sending & Receiving	Striking & Fielding	Invasion Games

Key Stage Two

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	Fundamentals	Gymnastics	Basketball	OAA	Tennis	Athletics
	Fitness	Ball Skills	Dance	Netball	Dodgeball	Hockey
Y4	Fundamentals	Fitness	Handball	OAA	Football	Athletics
	Cricket	Ball Skills	Swimming	Swimming	Dance	Tag Rugby
Y5	Volleyball	Tennis	Cricket	OAA	Athletics	Hockey
	Fitness	Dance	Basketball	Badminton	Netball	Rounders
Y6	Gymnastics	Fitness	Football	Handball	Athletics	Rounders
	Tag Rugby	Dance	Cricket	OAA	Badminton	Tennis

Curriculum knowledge organisers, unit overviews, videos and lesson plans are all available through [GetSet4Pe](#).