



## Travis St Lawrence CE Primary School SEND Newsletter

Spring 1 2026

### Welcome

Welcome to the Travis St Lawrence Newsletter.

January can be a difficult time for many, the Christmas period is over, nothing much to look forward to, the weather is not great and the days are still short.

It is also a time to look after our own and our children's Mental Health. Exercise releases 'feel good' chemicals called endorphins. A healthy diet can support feeling good and ensuring we can function throughout the day. A good nights sleep can work wonders on you own mental health.

Take time to think about what you can change to improve your own Mental Health and if you need any support, reach out.

Any queries or questions related to SEND can always be sent to [senco@tsl.dsaf.education](mailto:senco@tsl.dsaf.education)

Mrs Gill and Miss Tembey



## The Graduated Pathway explained.

At Travis, we follow the assess, plan, do review cycle to support children's needs.

### Assess:

Children's progress is monitored regularly by class teachers and senior leaders. This enables staff to quickly identify when a child is not making expected progress in an area of learning. Any concerns are then discussed with parents by the class teacher or SENCo

### Plan:

If it is agreed the difficulties are impacting on the child's progress and additional provision is deemed necessary, the child will be placed on the SEN register and provided with either an OLP or a support plan. This document identifies the area of need for each child and outlines targets and the support in place for the child. They will receive additional support and will be monitored closely.

### Do:

At this stage, the targets, support and intervention that have been outlined in the OLP or support Plan are implemented.

### Review:

OLP's and Support Plans are a working document which are monitored by the class teacher as part of their normal planning and assessment. These will get reviewed termly, and targets will be reviewed to suit the current needs. A new set of OLP and Support Plan targets will be shared with parents.

#### Useful links:

Doncaster Parent Voice

<https://www.doncasterparentsvoice.co.uk/>

Doncaster Local Offer

<https://www.doncaster.gov.uk/services/schools/local-offer-send>

Doncaster Autism Service

<https://www.autism.org.uk/autism-services-directory/d/doncaster-autism-service>

Sleep Charity

<https://thesleepcharity.org.uk/>

Kooth – mental health support

<https://www.kooth.com/>

## SEN Awareness Days

### January

4<sup>th</sup> January

World Braille Day

30<sup>th</sup> January

Parent Mental Health Day

### February

3<sup>rd</sup> – 9<sup>th</sup> February

Children's Mental Health Week

4<sup>th</sup> February

World Cancer Day



## It's not a race...it's a journey

### What are.... Sensory Circuits?

Sensory Circuits are similar in function to a gym circuit, but instead of focusing on fitness, they focus on supporting arousal. Arousal is the body's level of alertness and it can range from sleeping to highly stressed. In order to learn, a student needs to have adequate arousal to focus.



### Famous Person of the Month ... Tom Cruise.



Tom Cruise is a Hollywood actor and director. He is one of the most famous celebrities with learning disabilities. He was diagnosed with Dyslexia at the age of 7 when he had trouble reading things in school. After stepping into the career of acting and High School, he found it quite challenging to read scripts and text. He manages to overcome his learning disability and become one of the most brilliant actors.

"When you have to cope with a lot of problems, you're either going to sink or you're going to swim." - Tom Cruise

### Makaton Sign of the Month.

Makaton is a language support system used by many children and adults with additional needs. It is closely linked to British Sign Language, although it aims to support rather than replace language.

### Spring



Fingers closed move to open across chest, like a bud opening.