



Travis St Lawrence CE Primary School Curriculum Aims

Personal, Social, Health, Relationship Education (PSHRE)

Intent

At Travis St Lawrence CE Primary School, PSHRE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of our society. Through our whole-school JIGSAW approach to PSHRE, it is our belief that our children will not only be equipped with the knowledge, skills and understanding around acceptance, tolerance and belonging but those required to at Travis and beyond.

Our PSHRE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. It is also tailored to the needs and requirements of our school community and we adapt to meet any specific needs as well as meeting all government requirements and legislation.

With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. Weaving through the heart of our PSHRE teaching, is a commitment to enhancing and promoting our core Christian Values; Belong, Believe, Learn and Achieve.

Implementation

Statutory Department of Education guidance states that PSHRE is an 'important and necessary' part of children's education and although there is no published curriculum for PSHRE, three core themes have been identified:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World: economic wellbeing and being a responsible citizen.

The scheme JIGSAW ensures that there is a regularly updated platform of planning that progression through from Foundation stage to Y6. There are six half-term units (puzzles), each containing six lessons (pieces) to be covered throughout the academic year.

- Term 1: Being Me in My World
- Term 2: Celebrating Difference (including anti-bullying)
- Term 3: Dreams and Goals
- Term 4: Healthy Me
- Term 5: Relationships
- Term 6: Changing Me (including Sex Education)

Every piece has two learning intentions – one specific to Relationships and Health Education and one specific to develop emotional literacy and social skills.

PSHRE lessons are taught weekly across the school and **teachers** always deliver the Relationships unit. Various teaching and learning activities are used to engage pupils and cater for all attainments levels and/or needs of individuals. Each lesson is split into 6 suggested parts:

1. Connect Us – game based to maximise social skills.
2. Calm Me – underpins the mindful approach to PSHRE equipping pupils with invaluable reflective skills.
3. Open My Mind – Introduction of learning intention of the lesson.
4. Tell Me or Show Me - used to introduce new information, concepts and skills, using a range of teaching approaches and activities.
5. Let Me Learn – An opportunity for pupils to use and demonstrate the new learning in order for it to make sense.
6. Help Me Reflect – 'Pause' points allowing pupils to reflect on their learning and self-assess where appropriate.



Travis St Lawrence CE Primary School Curriculum Aims

Each lesson gives a structured plan to follow incorporating the 6 parts; however, teachers have the freedom to plan as they see fit for their pupils, including all or some of the 6 parts.

Each lesson (piece) is recorded in an appropriate format in the class PSHRE floor book.

Impact

By the end of their education at Travis, our learners will have gained a broad and balanced body of PSHRE knowledge and a wide range of transferable skills. We aspire for children to have the knowledge to explore, understand and navigate the world around them as well as knowing how they fit into it. We hope that our children become citizens who choose to reflect on how they can help protect and shape themselves as well as the world around them.

The impact of our curriculum is measured in terms of the extent to which pupils have developed new knowledge, understanding and skills and that they can use and recall this as appropriate.

In PSHRE, this will be measured by:

- Assessment tasks and regular knowledge check activities.
- In school attainment tracking (annually).
- Children assessing their own understanding at the end of each lesson by reviewing their success against the learning objective.
- The ability to ask questions and have discussions.
- Subject leader book/ learning reviews.
- Pupil / staff voice